

## Crystal-induced acute kidney injury (acute renal failure)

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**INTRODUCTION** — Crystal-induced acute kidney injury (AKI) is caused by the intratubular precipitation of crystals, which results in obstruction. Crystal-induced AKI most commonly occurs as a result of acute uric acid nephropathy and following the administration of drugs or toxins that are poorly soluble or have metabolites that are poorly soluble in urine [1,2]. Other drugs or medications may be metabolized to insoluble products such as oxalate (ethylene glycol, [vitamin C](#)), which are associated with precipitation of calcium oxalate crystals within tubular lumens and kidney injury.

This topic review discusses drug-related crystal-induced AKI. Uric acid nephropathy and acute phosphate nephropathy are discussed elsewhere. (See "[Uric acid renal diseases](#)" and "[Acute phosphate nephropathy](#)".)

**ETIOLOGY** — Multiple drugs and toxins cause intratubular crystal-induced obstruction. Common agents include:

- [Acyclovir](#)
- Sulfonamide antibiotics
- Ethylene glycol
- Megadose [vitamin C](#)
- [Methotrexate](#)
- Protease inhibitors

Other agents that have been described in case reports to cause crystal-induced AKI include [orlistat](#), oral [sodium phosphate](#) purgatives, [ciprofloxacin](#), and high-dose [amoxicillin](#) [1,3].

**CLINICAL PRESENTATION AND DIAGNOSIS** — Patients with drug-related crystal-induced AKI are usually asymptomatic, and kidney injury is detected by an increased serum creatinine [4]. Occasionally, patients present within one to seven days after initiation of the offending drug with renal colic symptoms such as flank or abdominal pain, nausea, or vomiting.

Urinalysis often reveals hematuria, pyuria, and crystalluria [1,5]. Significant proteinuria (ie, >500 mg/day) is not commonly observed, unless the patient has underlying proteinuric kidney disease and subsequently develops crystal-induced AKI.

The diagnosis is suggested by the appearance of crystals in the urine, the morphology of which depends upon the specific causative drug (see '[Specific agents](#)' below). However, crystalluria may also be observed in patients who have no evidence of AKI [5].

Definitive diagnosis is obtained by examination of histology obtained by biopsy. In general, however, a biopsy is not indicated in patients who present with AKI in the setting of starting a drug that is known to cause crystal-induced AKI, unless atypical features (such as significant proteinuria in a patient who does not have underlying proteinuric kidney disease) are present.

The differential diagnosis for crystal-induced AKI is AKI from any cause and, among patients who present with hematuria and even modest proteinuria, glomerulonephritis. The diagnostic approaches to these disorders are discussed elsewhere. (See "[Diagnostic approach to the patient with subacute kidney injury in an outpatient setting](#)" and "[Differential diagnosis and evaluation of glomerular disease](#)".)

Crystal-induced AKI is generally reversed following discontinuation of the drug, although temporary dialysis may be necessary in some cases, and chronic kidney disease (CKD) may be a long-term consequence of crystal-induced AKI [6].

**RISK FACTORS** — Risk factors for crystal-induced kidney injury include true and "effective" intravascular volume depletion, underlying kidney or liver disease, and metabolic perturbations that change urinary pH [1,2,6]. The effect of urine pH on crystal formation varies depending upon the specific causative agents. As an example, whereas sulfonamides tend to form crystals in acidic urine, protease inhibitors such as [indinavir](#) form crystals in alkaline urine.

Excessive drug dosing for a given glomerular filtration rate (GFR) may contribute to the risk of kidney injury [1].

**OVERVIEW OF TREATMENT** — The correction of volume depletion is critical to prevent crystal-induced AKI among patients at risk. Therapy of established crystal-induced AKI is supportive and consists of volume repletion, usually with isotonic saline, and administration of a loop diuretic in an attempt to wash out the obstructing crystals. The use of loop diuretics is of theoretical benefit only, and its efficacy has not been shown. Despite the absence of proven efficacy, we generally administer [furosemide](#). Fluid loss induced by the diuretic must be replaced to prevent volume depletion and a late slowing of flow within the tubules.

In addition to volume repletion and loop diuretics, among patients with crystal-induced AKI due to specific medications (as, for example, sulfonamide antibiotics and [methotrexate](#)), adjusting the urine pH to achieve better solubility of the crystal may be of benefit. These issues and specific treatments, where indicated, are discussed below. (See '[Sulfonamide antibiotics](#)' below and '[Methotrexate](#)' below.)

## SPECIFIC AGENTS

**Acyclovir** — [Acyclovir](#) is rapidly excreted in the urine (being both filtered and secreted) and has a relatively low solubility [5]. Thus, bolus intravenous (IV) therapy, especially if the patient is volume depleted, may lead to the deposition of acyclovir crystals in the tubules, resulting in intratubular obstruction and foci of interstitial inflammation [4,5]. [Ganciclovir](#), another antiviral agent that is structurally related to acyclovir and is also excreted in the urine, appears to be associated with a much lower risk of crystal-induced AKI compared with acyclovir [5,7].

Renal function in affected patients typically begins to deteriorate within 24 to 48 hours after therapy with [acyclovir](#) is initiated [1,6]. Patients may complain of nausea and flank or abdominal pain at this time, presumably induced by the urinary tract obstruction [5]. In some cases, birefringent, needle-shaped acyclovir crystals, occasionally engulfed by white cells, can be seen in the urine, particularly under polarized light.

The decline in kidney function is usually mild but occasionally may be severe, with marked increases in the plasma creatinine concentration in some cases [8,9]. However, complete recovery typically occurs within four to nine days after [acyclovir](#) is discontinued.

It is likely that most cases of [acyclovir](#) nephrotoxicity, which is likely due in part to direct tubular toxicity and in part to luminal crystal-associated obstruction, can be prevented by prior volume repletion (with the urine output maintained above 75 mL/hour) and slow IV drug infusion over one to two hours. We generally administer IV isotonic saline at a rate of 125 mL/hour, starting at least one hour prior to the administration of acyclovir and continuing for six hours after the acyclovir infusion is finished. Patients who develop AKI can usually be safely rechallenged (if necessary) by limiting the dose to  $\leq 250$  mg/m<sup>2</sup> [5]. Oral therapy is usually well tolerated, presumably due to a less rapid rate of acyclovir excretion. Rarely, AKI can develop with oral

acyclovir in patients with underlying kidney disease (and excessive dosing) and severe volume depletion [10,11].

Therapy of established renal failure is supportive and consists of volume repletion, usually with isotonic saline and administration of a loop diuretic in an attempt to wash out the obstructing crystals. As noted above, although the use of loop diuretics is of theoretical benefit only and its efficacy has not been shown, we generally administer [furosemide](#). Fluid loss induced by the diuretic must be replaced to prevent volume depletion and a late slowing of flow within the tubules. (See "[Maintenance and replacement fluid therapy in adults](#)".)

Although hemodialysis may remove substantial amounts of [acyclovir](#) [8], it has not been shown to reverse or limit the duration of acyclovir-induced AKI and is not indicated for this purpose. However, neurotoxicity may develop in patients who develop severe acyclovir-induced AKI [11-13], and, in this setting, hemodialysis may be indicated in order to remove the drug [8].

In addition, hemodialysis may be required to correct the metabolic sequelae of AKI. (See "[Renal replacement therapy \(dialysis\) in acute kidney injury in adults: Indications, timing, and dialysis dose](#)".)

**Sulfonamide antibiotics** — Some sulfonamide antibiotics are relatively insoluble in acid urine, particularly [sulfadiazine](#) and sulfamethoxazole, which are used in high doses to treat toxoplasmosis and *Pneumocystis carinii* infection in immunocompromised patients [5,14-16]. Up to 29 percent of patients treated with sulfadiazine are at risk to develop AKI [1,14-17] because this drug is highly insoluble in urine with a pH of  $\leq 5.5$  [17]. Intrarenal sulfadiazine precipitation may also result in nephrolithiasis [16].

The risk of crystal precipitation increases with doses of sulfadiazine of 4 to 6 g/day and of sulfamethoxazole of 50 to 100 mg/kg/day [14-17]. Alkalinization of the urine to a pH  $>7.15$  increases sulfadiazine solubility more than 20-fold [5,14].

Sulfonamide crystals can assume many shapes, in part dependent upon the specific sulfonamide present. The most common morphology includes needle-shaped crystals, rosettes, and those resembling shocks of wheat ([picture 1](#)). [Sulfadiazine](#) sludge or small calculi in the calyces can also be detected in some cases as bilateral, layered clusters of echogenic material on renal ultrasonography [5,17].

Intrarenal [sulfadiazine](#) precipitation may be prevented by maintaining fluid intake above 3 L/day, which may be administered orally or intravenously [16]. Patients who are receiving sulfadiazine should be monitored by serial urinalyses for the development of crystalluria. Among patients who develop crystalluria, we administer an IV bicarbonate solution to alkalinize the urine to  $\geq 7.15$  in order to prevent AKI. To patients who are euvolemic and have normal renal function and a normal serum sodium concentration, we give a solution containing 75 mEq [sodium bicarbonate](#) per liter of sterile water. If the patient is hypovolemic, we give an isotonic solution (containing 75 mEq sodium bicarbonate per liter of one-half isotonic saline). We generally give approximately 3 L/day (ie, infusion rate of 125 mL/hour).

Patients who are receiving prophylactic IV bicarbonate should be closely monitored by physical exam for volume overload and by daily measurement of serum creatinine and electrolytes for development of AKI, alkalosis, or other electrolyte abnormalities.

Some patients may develop AKI despite prophylactic volume repletion and alkalinization of urine. Among such patients, AKI usually resolves when the sulfonamide is discontinued. The treatment of established AKI is supportive. Volume depletion, if present, should be treated in all patients, usually with isotonic saline. The administration of loop diuretics may assist recovery of renal function by clearing obstructive casts from tubular lumen, although there are no published data that have demonstrated a benefit of loop diuretics.

Among patients with established AKI, a forced alkaline diuresis to a target urine pH  $>7.15$  may provide benefit by increasing the solubility of [sulfadiazine](#), although there are no published studies that show that this treatment reverses or limits the duration of established sulfonamide-associated AKI.

In addition to a lack of clear evidence of benefit, maintaining the urine pH >7.15 is difficult in patients with established AKI. There are also potential risks to alkalinization of the plasma, such as promoting calcium phosphate deposition (which is more likely if hyperphosphatemia is present) and inducing or worsening the manifestations of hypocalcemia by both a direct membrane effect and a reduction in ionized calcium levels [18]. Manifestations of severe hypocalcemia include tetany, seizures, and cardiac arrhythmias. (See "[Clinical manifestations of hypocalcemia](#)".)

Despite these limitations, patients who are appropriately monitored may benefit from IV bicarbonate therapy. For patients who have a urine pH ≤7.15, we generally administer a solution (mixed by the pharmacy) containing 140 mEq of [sodium bicarbonate](#) per liter of sterile water at a rate of 125 mL/hour along with a loop diuretic such as [furosemide](#), providing patients are not oliguric and do not have hypocalcemia, metabolic alkalosis, or an indication for acute hemodialysis. (See "[Renal replacement therapy \(dialysis\) in acute kidney injury in adults: Indications, timing, and dialysis dose](#)". section on 'Urgent indications'.)

Among patients with established AKI, the bicarbonate infusion should be discontinued if the urine pH does not rise above 7 after 12 hours or if metabolic alkalosis or volume overload develops.

There is no benefit to hemodialysis for the removal of sulfonamides.

**Methotrexate** — Approximately 90 percent of administered [methotrexate](#) is normally excreted unchanged in the urine. High-dose IV methotrexate can both precipitate in the tubules and cause direct tubular injury [19-21]. The risk of methotrexate-induced nephrotoxicity is increased with an acidic urine (since methotrexate is poorly soluble in an acidic urine) and with volume depletion (which decreases urine flow rate and increases the concentration of methotrexate in tubular fluid). In addition, the risk of methotrexate nephrotoxicity is higher when there is sustained elevation in the plasma methotrexate concentration [22].

The risk of developing AKI can be minimized by prior volume repletion (both to maintain a high urine flow and to lower the concentration of [methotrexate](#) in the tubular fluid) and by alkalinization of the urine to a pH >7, which can increase the solubility of methotrexate by as much as 10-fold [20]. Among all patients who are receiving IV methotrexate, we administer an IV bicarbonate solution to alkalinize the urine to ≥7 in order to prevent AKI. To patients who are euvolemic and have normal renal function and a normal serum sodium concentration, we give a solution containing 75 mEq [sodium bicarbonate](#) per liter of sterile water that is mixed by the pharmacy. If the patient is hypovolemic, we give an isotonic solution (containing 75 mEq sodium bicarbonate per liter of one-half isotonic saline). We generally give approximately 3 L/day (ie, infusion rate of 125 mL/hour). The bicarbonate infusion should be begun 12 hours before methotrexate administration and continue for 24 to 48 hours.

The incidence of [methotrexate](#)-induced AKI in the era of routine intravascular volume repletion and urinary alkalinization was reported to be 1.8 percent in an analysis of data from clinical trials in osteosarcoma [23].

[Methotrexate](#)-induced AKI is typically nonoliguric and usually reversible [21,22]. The plasma creatinine concentration usually peaks within the first week and returns well toward baseline levels within one to three weeks [21].

Treatment of [methotrexate](#)-induced AKI is directed at volume repletion, washing out the crystals within tubular lumens via the administration of a loop diuretic, and alkalinization of urine. There are no studies that have proven a benefit of either loop diuretics or alkalinization of urine, and these measures are of theoretical benefit only.

As described above, maintaining the urine pH above 7 is difficult in patients with AKI and is associated with potential risks, including calcium phosphate deposition and inducing or worsening the manifestations of hypocalcemia by both a direct membrane effect and a reduction in ionized calcium levels [18]. (See '[Sulfonamide antibiotics](#)' above.)

Despite these limitations, given the potential benefit of bicarbonate therapy, we administer a bicarbonate infusion to all patients who have [methotrexate](#)-related AKI, providing they are not oliguric and do not have hypocalcemia, metabolic alkalosis, or an indication for acute hemodialysis. (See "[Renal replacement therapy \(dialysis\) in acute kidney injury in adults: Indications, timing, and dialysis dose](#)", section on 'Urgent indications'.)

We generally administer a solution containing 140 mEq [sodium bicarbonate](#) per liter of sterile water at a rate of 125 mL/hour intravenously, along with a loop diuretic such as [furosemide](#), providing patients are not oliguric and do not have hypocalcemia, metabolic alkalosis, or an indication for acute hemodialysis. (See "[Renal replacement therapy \(dialysis\) in acute kidney injury in adults: Indications, timing, and dialysis dose](#)", section on 'Urgent indications'.)

The bicarbonate infusion should be discontinued if the urine pH does not rise above 7 after 12 hours or if metabolic alkalosis develops.

AKI often results in an elevated plasma [methotrexate](#) concentration [22]. This is clinically very important since it may increase the toxicity of methotrexate as decreased urinary excretion results in elevated plasma drug levels that can last for as long as two to three weeks [21]. [Leucovorin](#) rescue with or without thymidine is effective in this setting, although higher-than-usual doses are often required and are generally based on the plasma methotrexate concentration [19,21]. Leucovorin should be continued until levels of methotrexate fall below 0.05 micromolar. (See "[Major side effects of low-dose methotrexate](#)".)

[Glucarpidase](#), which rapidly metabolizes [folic acid](#) and chemically similar antifolates such as [methotrexate](#) to inactive metabolites, may prevent systemic methotrexate toxicity by rapidly lowering serum methotrexate levels that remain unacceptably high despite adequate hydration and urinary alkalinization [24-26]. In one report, for example, 65 patients with renal insufficiency and an elevated serum methotrexate concentration 36 to 42 hours after methotrexate infusion were treated with a single dose of glucarpidase [26]. Fifteen minutes following glucarpidase treatment, serum methotrexate levels decreased by a median of 87 percent.

[Glucarpidase](#) also metabolizes [leucovorin](#), which should be continued for two days after glucarpidase administration [22].

[Glucarpidase](#) was approved in the US in January 2012 for treatment of toxic [methotrexate](#) plasma concentrations (>1 micromol/L [>1 microm]) in patients with delayed methotrexate clearance due to impaired renal function [27]. Recommendations for the use of glucarpidase among patients with renal dysfunction and elevated methotrexate levels are discussed elsewhere. (See "[Therapeutic use and toxicity of high-dose methotrexate](#)", section on 'Glucarpidase (carboxypeptidase G2)').

Drug removal by hemodialysis, charcoal hemoperfusion, or plasma exchange is generally of limited value since [methotrexate](#) is both protein bound (and therefore not readily dialyzable) and has a relatively large extravascular volume of distribution [19,28]. However, in one small case series, daily hemodialysis with high-flux membranes for four to six hours improved methotrexate clearance [29]. In one patient who was dialysis dependent prior to high-dose methotrexate therapy, 63 percent of the drug was cleared in six hours. Analysis of seven separate methotrexate treatments in this patient demonstrated complete drug removal after an average of 5.6 days [29].

Limited data also suggest that albumin-based continuous venovenous hemodialysis (CVVHD) may provide better [methotrexate](#) clearance than CVVHD without albumin, presumably due to the effect of better removal of protein-bound methotrexate [30].

## Protease inhibitors

**Indinavir** — [Indinavir](#), a protease inhibitor used in the treatment of human immunodeficiency virus (HIV) infection, commonly causes asymptomatic crystalluria and may cause AKI associated with crystal deposition and/or nephrolithiasis ([picture 2](#)) [2,31-40].

- One report described 29 patients in whom stones either passed spontaneously or were removed by ureteroscopy [39]. Mass spectrometry demonstrated that the stones consisted of [indinavir](#) base monohydrate.
- In another study, among 240 patients, 8 percent experienced urologic symptoms, and 3 percent had nephrolithiasis due to [indinavir](#) stones [31]. In addition, among 142 patients who provided urine samples, 20 percent had urinary crystals consisting of indinavir ([picture 2](#)).

However, one retrospective study of 24 patients with nephrolithiasis and HIV infection found that [indinavir](#)-containing stones were found in only 4 of 14 patients taking indinavir [41]. The other individuals had stones consisting of a variety of other substances (calcium oxalate and others), with metabolic evaluation suggesting a variety of abnormalities. This suggests that, among HIV patients administered indinavir, nephrolithiasis may result from something other than the protease inhibitor.

The mechanism by which [indinavir](#) causes both AKI and nephrolithiasis is by the precipitation of indinavir crystals. Indinavir has a low solubility (0.03 mg/mL) at a pH of 6, but is much more soluble at lower pH values (100 mg/mL at pH 3.5). In a study of 54 patients on indinavir, patients with urine pH >6 were much more likely to have indinavir crystals on urinalysis than those with lower urinary pH, particularly if the urine was also concentrated [42]. However, although acidification of urine may increase the solubility of indinavir, this is difficult to achieve and potentially harmful [31.36.39]. Thus, acidification of urine is not recommended. (See "[Overview of antiretroviral agents used to treat HIV](#)", section on 'Protease inhibitors (PIs)').

Increased fluid intake prior to each oral dose of [indinavir](#) may decrease the risk of crystal formation. However, increased fluid intake may not be entirely protective. In a prospective study of 105 patients taking indinavir, a renal stone occurred in approximately 12 percent of patients after a median treatment duration of 22 weeks despite enhanced fluid intake, documented by continuous monitoring [40].

The radiologic imaging procedures typically used in the diagnosis of ureteral stones appear to be **unreliable** in the diagnosis of nonopaque stones due to [indinavir](#). (See "[Diagnosis and acute management of suspected nephrolithiasis in adults](#)".)

In a retrospective study of 36 patients treated with [indinavir](#) who presented with signs of renal colic (ipsilateral flank pain, dysuria, urgency, hematuria), abdominal radiography failed to identify a renal stone in any individual, while only 1 of 13 excretory urograms, 4 of 11 renal ultrasonographic examinations, and 0 of 12 computed tomography (CT) scans were diagnostic of nephrolithiasis [43]. Contrast-enhanced CT scanning may suggest the diagnosis by showing a filling defect in a ureter, delayed excretion, or a persistent nephrogram [44].

These renal and urologic complications with [indinavir](#) appear to require discontinuation of the agent in one-third of patients [45]. To help prevent nephrolithiasis and AKI, we suggest an oral fluid intake of at least 1.5 liters of water daily [46].

Chronic kidney disease (CKD) from protease inhibitors may also result from interstitial fibrosis and renal atrophy [33-38].

**Atazanavir** — Like [indinavir](#), the protease inhibitor, [atazanavir](#), can lead to stone formation and, less commonly, AKI due to its relative insolubility in the urine [47-49].

An initial case series described 11 patients who developed nephrolithiasis while taking [atazanavir](#) [48]. Analysis of the stones demonstrated crystals of atazanavir base, but not metabolites. Eight stones contained a core of atazanavir, while four had a core of calcium oxalate (one patient had two stones).

Several case reports and 30 cases of [atazanavir](#)-associated nephrolithiasis were subsequently reported upon review of the US Food and Drug Administration Adverse Event Reporting System (FAERS) database [41.50]. One study estimated a prevalence of atazanavir stones of 0.97 percent among those taking the drug [48].

One case of AKI due to [atazanavir](#)-associated crystal nephropathy has been reported [51]. In this case, rod-like atazanavir crystals were noted on urine microscopy ([picture 3](#)), as well as within tubular lumens and renal interstitium (along with granulomata) on renal biopsy ([picture 4](#)).

Fluid intake of  $\geq 1.5$  L/day should be encouraged among patients taking [atazanavir](#).

**Oxalate** — AKI due to oxalate deposition in the kidney has been described in several settings:

- Primary hyperoxaluria (see "[Primary hyperoxaluria](#)")
- Ethylene glycol poisoning (see "[Methanol and ethylene glycol poisoning](#)")
- Secondary hyperoxaluria due to pancreatic insufficiency, inflammatory bowel disease, bowel resection, or gastric bypass (see "[Chronic complications of the short bowel syndrome in adults](#)")
- [Orlistat](#) therapy (see "[Nephrocalcinosis](#)". [section on 'Hyperoxaluria'](#))
- High doses of [vitamin C](#) [52.53]

[Orlistat](#), a weight-loss drug that induces fat malabsorption, has been associated with intratubular calcium-oxalate deposition and AKI [54-56]. (See "[Nephrocalcinosis](#)". [section on 'Hyperoxaluria'](#).)

**Oral sodium phosphate purgatives** — Oral [sodium phosphate](#) preparations have been used as laxatives or purgatives for bowel cleansing before colonoscopy, CT virtual colonoscopy, or bowel surgery. AKI secondary to acute phosphate nephropathy has been reported following the use of oral sodium phosphate preparations. Acute phosphate nephropathy is discussed elsewhere. (See "[Acute phosphate nephropathy](#)".)

**Ciprofloxacin** — The widely used fluoroquinolone antibiotic, [ciprofloxacin](#), is known to cause AKI from acute interstitial nephritis [57-59]. Ciprofloxacin has also been reported to cause crystalluria in experimental animals [60] and both crystalluria [61-63] and crystal-induced AKI [64-68] in humans. In all reports, patients developed oliguric AKI within two days to two weeks of ingestion of oral ciprofloxacin. All case reports except one described patients who were  $\geq 70$  years of age, and two described patients who were on angiotensin-converting enzyme (ACE) inhibitors [68]. Urinalysis revealed crystals of varying shapes, which were composed of ciprofloxacin salt ([picture 5](#)).

[Ciprofloxacin](#) crystals typically precipitate in an alkaline pH [61.69]. However, crystals have been described in association with acidic urine pH in several case reports [64.67]. Ciprofloxacin crystals have been shown to display a wide array of appearances, including needles, sheaves, stars, fans, butterflies, and other unusual shapes. All crystals have had a lamellar structure, with sizes ranging from 30 x 5 microm to 360 x 237 microm, and are strongly birefringent under polarizing light [70]. Histology obtained by renal biopsy in three patients revealed needle-shaped birefringent crystals within the tubules ([picture 6](#)) without evidence of acute or chronic interstitial nephritis [67.68]. In all patients, renal function returned to baseline upon withdrawal of ciprofloxacin.

Risk factors for AKI include impaired kidney function, volume depletion, and a urine pH  $>6$  (although acidic urine pH does not preclude a diagnosis of [ciprofloxacin](#)-induced crystal deposition). To prevent ciprofloxacin crystal-induced AKI, ciprofloxacin should be dose adjusted for level of glomerular filtration rate (GFR), the patient should be volume replete, and alkalinization of the urine should be avoided [71].

**SOCIETY GUIDELINE LINKS** — Links to society and government-sponsored guidelines from selected countries and regions around the world are provided separately. (See "[Society guideline links: Acute kidney injury in adults](#)".)

## SUMMARY AND RECOMMENDATIONS

- Acute kidney injury (AKI) due to intratubular crystal precipitation is observed in association with many medications. Patients are generally asymptomatic, although occasionally present with flank pain.

Urinalysis may show hematuria, pyuria, and crystals with a characteristic morphology. (See ['Introduction'](#) above and ['Clinical presentation and diagnosis'](#) above.)

- The maintenance of optimal volume status and correction of volume depletion is critical in the prevention of crystal-induced AKI from all causes. The alkalization of urine may help prevent crystal-induced AKI secondary to [sulfadiazine](#) antibiotics and [methotrexate](#). We suggest the following approach for patients who are receiving specific agents:
  - Among patients who are receiving intravenous (IV) [acyclovir](#), we suggest the administration of IV isotonic saline at a rate of 125 mL/hour, starting at least one hour prior to the administration of acyclovir and continuing for six hours after the acyclovir infusion is finished (**Grade 2C**). (See ['Acyclovir'](#) above.)
  - Among patients who are receiving high-dose IV sulfonamide antibiotics and develop crystalluria, we suggest the administration of IV [sodium bicarbonate](#) to prevent AKI (**Grade 2C**). (See ['Sulfonamide antibiotics'](#) above.)
  - Among all patients who are receiving [methotrexate](#), we recommend the administration of IV [sodium bicarbonate](#) to prevent AKI (**Grade 1B**). (See ['Methotrexate'](#) above.)
- The maintenance of optimal volume status and correction of volume depletion is critical in the treatment of established AKI. Among all patients with established crystal-induced AKI from any cause, we recommend the correction of volume depletion with IV fluid (**Grade 1B**). In the absence of an indication for IV bicarbonate, such as for the treatment of sulfonamide- or [methotrexate](#)-induced AKI, the preferred IV fluid is usually isotonic saline.
- A loop diuretic may be effective in clearing obstructing casts in crystal-induced AKI. Among all volume-replete patients with established crystal-induced AKI from any cause, we suggest administration of a loop diuretic (**Grade 2C**). Fluid loss induced by the diuretic must be replaced to prevent volume depletion and a late slowing of flow within the tubules. (See ['Risk factors'](#) above and ['Overview of treatment'](#) above.)
- Crystals from sulfonamide antibiotics and [methotrexate](#) are more likely to form in acidic urine. Alkalinization of urine may provide benefit in established AKI from sulfonamide antibiotics or methotrexate.
  - Among patients with established sulfonamide-associated AKI who are not oliguric and do not have hypocalcemia or metabolic alkalosis or an indication for acute hemodialysis, we suggest the administration of IV bicarbonate with a target urine pH of >7.15 (**Grade 2C**). (See ['Sulfonamide antibiotics'](#) above.)
  - Among patients with established [methotrexate](#)-associated AKI who are not oliguric and do not have hypocalcemia or metabolic alkalosis or an indication for acute hemodialysis, we suggest the administration of IV bicarbonate with a target urine pH of >7 (**Grade 2C**). (See ['Methotrexate'](#) above.)
- Crystals from protease inhibitors such as [indinavir](#) or [atazanavir](#) are more likely to form in alkaline urine. However, it is difficult and potentially dangerous to acidify the urine among patients with established AKI. We recommend **not** acidifying the urine for the treatment of crystal-induced AKI from any cause (**Grade 1B**).
- [Methotrexate](#)-induced AKI often results in an elevated plasma methotrexate concentration, which may increase the systemic toxicity of methotrexate. [Leucovorin](#) rescue, with or without thymidine or [glucarpidase](#), may be effective in this setting. (See ['Methotrexate'](#) above and ["Major side effects of low-dose methotrexate"](#) and ["Therapeutic use and toxicity of high-dose methotrexate"](#). section on ['Glucarpidase \(carboxypeptidase G2\)'](#).)



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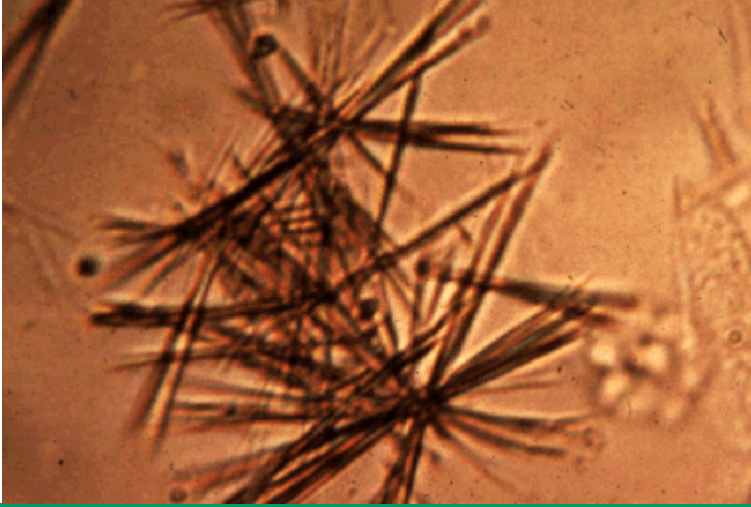
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Topic 7229 Version 12.0

## GRAPHICS

### Photomicrograph showing urine sediment of a patient with sulfonamide crystalluria

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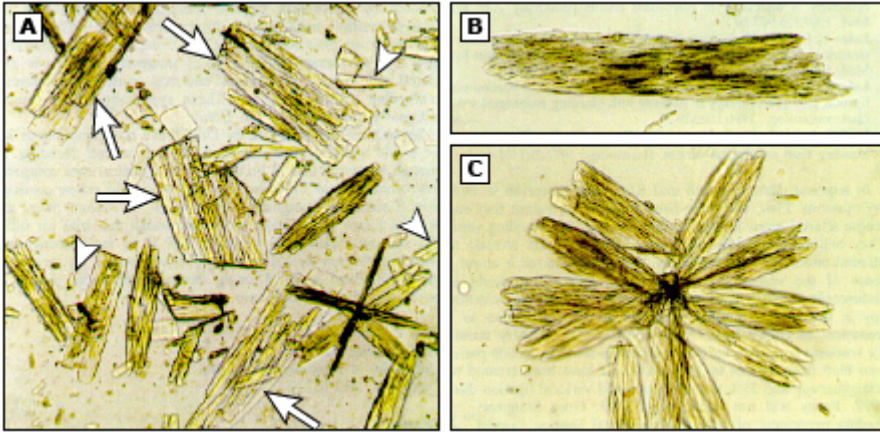
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Urine sediment showing sulfonamide crystals with a needle-shaped appearance. Other forms that may be seen include rosettes and a shock of wheat appearance.

*Courtesy of Harvard Medical School.*

Graphic 56708 Version 3.0

## Photomicrographs showing urine sediment of a patient with indinavir sulfate crystalluria



Light microscopic photographs of a fresh unstained preparation of urinary sediment showing three different forms of indinavir sulfate crystals.

(A) Rectangular plates of various sizes containing needle-shaped crystals. The plates have irregular borders with occasional tapering, and internal layering evident in the largest forms (arrows). Small, triangular pieces (arrowheads) represent broken ends of needles.

(B) A sheaf of densely packed indinavir sulfate needles.

(C) Several indinavir crystal groupings are arranged in a rosette.

*Reprinted with permission from: Gagnon RF, Tsoukas CM, Watters AK, Ann Intern Med 1998; 128:321.*

Graphic 70939 Version 4.0

## Photomicrograph showing urine sediment of a patient with atazanavir crystalluria

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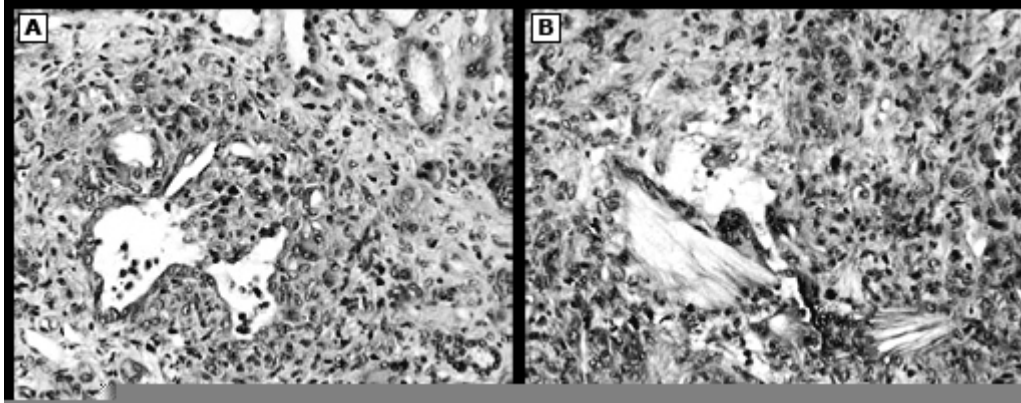
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Urine sediment of a patient with atazanavir crystalluria demonstrates a needle-shaped crystal with bright field microscopy.

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## Light micrograph of kidney biopsy with atazanavir crystals within tubular lumen and renal parenchyma



Renal biopsy from a patient treated with atazanavir demonstrates crystals within the tubular lumen and renal parenchyma.

(A) Needle-shaped atazanavir crystals within the tubular lumen.

(B) Atazanavir crystals within the renal parenchyma associated with granuloma formation.

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## Photomicrographs showing urine sediment of a patient with ciprofloxacin crystalluria

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(A) Needles, (B) sheaves, (C) stars, and (D) bizarre shape. Crystals in A, C, and D are visualized under phase contrast microscopy, while those in B are seen with bright field microscopy. The crystals are shown with polarizing microscopy on the inset panels.

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## Light micrograph of kidney biopsy with ciprofloxacin crystals within tubular lumen

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- (A) Hematoxylin and eosin staining shows needle-shaped stellate crystals.  
(B) Ciprofloxacin crystals within the tubule polarize.

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## Contributor Disclosures

**Mark A Perazella, MD, FACP** Nothing to disclose **Paul M Palevsky, MD** Grant/Research/Clinical Trial Support: Spectral Medical [Sepsis (Endotoxin assay)]. Consultant/Advisory Boards: Baxter [Dialysis (Hemodialysis equipment, peritoneal dialysis equipment and supplies, continuous renal replacement therapy equipment and solutions)]; Stealth Biotherapeutics [AKI]. **Alice M Sheridan, MD** Nothing to disclose

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